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OFFICE OF THE PRINCIPAL
GOVERNMENT DEGREE COLLEGE, KHOUR
Accredited by NAAC with B+ Grade

Prof. (Dr) T K Sharma
Principal

No:- GDC/KHR/2024/
Dated:-

4.1.2 - The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.



Image 1 : Indoor facility (Treadmill)



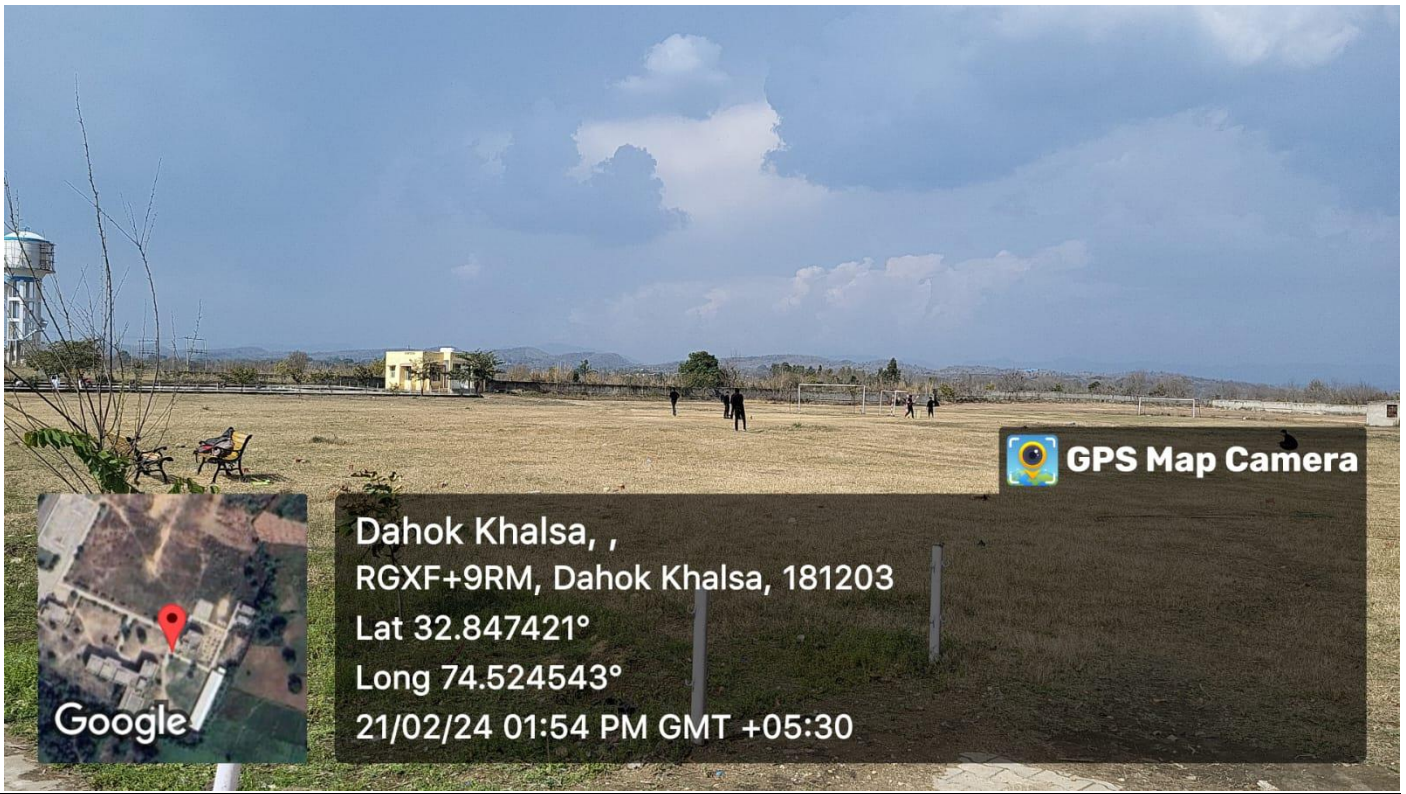
Image 2 : Table tennis



Image 3 : Caromboard



Image 4: Badminton Court



Dahok Khalsa, ,
 RGXF+9RM, Dahok Khalsa, 181203
 Lat 32.847421°
 Long 74.524543°
 21/02/24 01:54 PM GMT +05:30

Image 5 : Multipurpose Playground

20 days Short Term Skill Training for female candidates under NSQF commences at GDC Khour

STATE TIMES NEWS

KHOUR: Inaugural Ceremony of 20 days Skill Development Programme for female candidates on Yoga at Government Degree College Khour was organized by Skill Development Committee on 06th March 2024. This occasion was garnered by the presence of faculty members, Skill Development Committee members & students of the College. The session initiated with the welcome note by Dr. Tasleem. She introduced the resource person, Dr. Ranjana Verma, Assistant Professor Department of Yoga, Central University of



Students participating in training programme.

Jammu. Dr. Ranjana Verma raised awareness among the students by pinpointing the benefits of Yoga in the contemporary

world. She highlighted the fact in today's scenario the physical and mental well being of the young generation is very important espe-

cially the female candidates who are more prone to the hazards related to them. She motivated students and staff to make Yoga part of their routine life. Then she taught several yoga poses to the students to which students responded in a very healthy and cordial way. 50 students participated in the session which would help them to develop personality, confidence, and concentration. The event was witnessed by Prof. Jozafeen Afzal, Dr. Anjana Sharma, Prof. Khalid Bohra, Prof. Shivani Sharma, Dr. Sapna & Prof. Sunil Kumar. Session compiled with the formal vote of thanks by Prof. Reeta Menia.



Image 6&7: Yoga Facility



Image 8 : Yoga day Celebration